

# Independent Shorts

- June is Seniors Month, and the town is celebrating by hosting a BBQ. They invite people of all ages to come out and enjoy good food, great company and entertainment at Solis Park outside the Pyramid Centre. The cost is \$8 for Friendship Centre members and \$10 for non-Members. For more information, contact 519-284-3272.
- Closing out Induction Weekend tomorrow night will be a concert by the country band 8 Second Ride. They've been playing together for five years and just released their debut single Kissin' and Fishin'. They've played all over Ontario, including at the Boothill Country Jamboree, where they opened for Charlie Major. The concert is a licensed event for ages 19-plus only. Tickets are \$10 per person and can be purchased at the Hall of Fame office, museum or the Pyramid Centre. Doors open at 9:00 pm.
- Thursday was filled with news of the passing of quite a few notable people. Along with actor Christopher Lee (read more about his passing on Page 10), professional wrestler and WWE Hall of Famer Dusty Rhodes also died at the age of 69, as did influential jazz saxophonist Ornette Coleman (85) and Ron Moody, best known for playing Fagin in 'Oliver!', at the age of 91.

# BUSINESS OF THE WEEK

## Action Health Care



Our business of the week is Action Health Care, your home healthcare comfort and mobility specialists, owned by Mike Ford and located at 566 Queen Street East in St. Marys. Owner Mike Ford opened the business here in St. Marys back in 2002, before expanding into Stratford about six years ago. The St. Marys office has been in its current Queen Street East location for about four years now, he said.

Their number one goal is keeping clients independent, Ford said. Action Health Care is an authorized Assistive Device Program vendor, and a large portion of their business is dedicated to providing products such as wheelchairs through that provincial government program, he said.

"If you need it on a long-

From left are Action Health Care staff Ron Ford, Barb Langdon, Julie Tinning, Claire Bolton and owner Mike Ford. term basis, you can get mobility equipment funded or partially-funded by the government – usually up to 75 percent," he said. Action Health Care can help clients through the process, including the requisite assessment from an occupational or physiotherapist. Rentals for the short-term use of mobility items, and product servicing are available as well.

A wide range of other products for movement into and around the home, including ceiling, floor, stair and porch lifts, are also available. They also carry Obusforme cushions, Tena products for incontinence, Sigvaris compression sock and hosiery, and much more. "Other than oxygen, we do anything in the home healthcare field," Ford said. "We try to offer everything our customers will need."

One popular item for the summer are their line of motorized scooters, he added.

Action Health Care is open 9:00 am to 5:00 pm Monday to Friday and 9:30 to 1:00 pm on Saturdays. Visit them online at ActionHealthCare.ca, call 519-284-4348 or toll free at 1-866-222-4843 for more information.

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PG



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# CANADA DAY



# PARADE

**Wednesday, July 1<sup>st</sup> 2015**



**11:00am**  
**St. Marys Ontario**



To enter your schools, business, organizations, or any other interested folks, contact Don or Margaret at 519-284-1548.

**Deadline is Friday June 26<sup>th</sup>!**